

Title : Plattsburg 2v1

Category #1 :

Jack Arena

Category #2 :

Half Ice

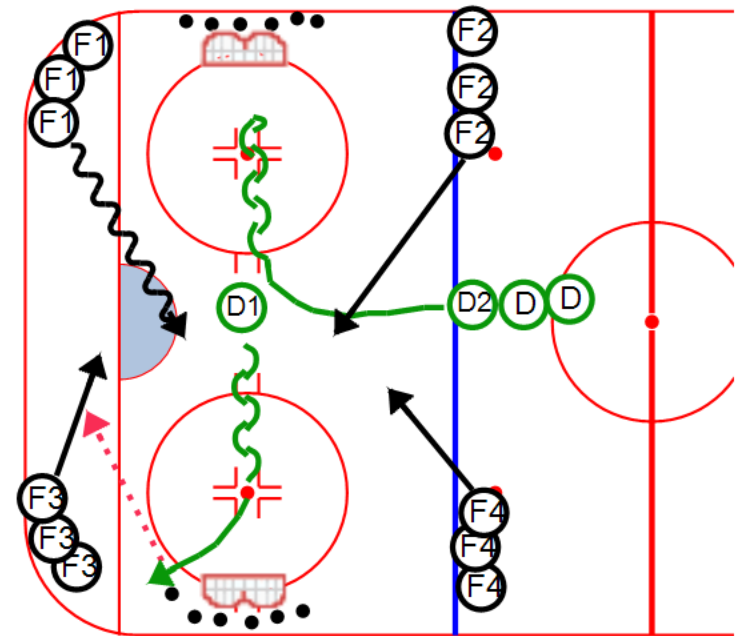
### Description

The drill starts with F1 and F2 going 2v1 against D1 (F1 can start with a puck the first time).

After a chance the coach blows the whistle and D1 retrieves a puck and makes a quick outlet pass to F3 or F4 who attack a new D (D2) in the opposite direction. The drill continues back and forth with 2v1's.

Points of emphasis:

- D - 2v1 defense and quick retrieval of the puck followed by a quick accurate first pass.
- F - High tempo, quick attacking 2v1's in a tight area



Key points:
