Title : CAPS Shooting

Content elements: _____

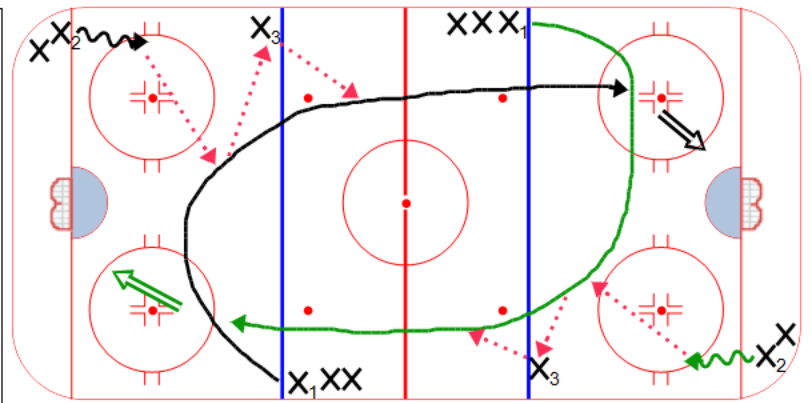**Components :** _____

Description

X1 curls low between circles
X2 moves forward and passes to X1
X1 quickly passes to X3
X3 one touches back to X1
X1 shoots and goes to X2 line at other end

X2 moves to X3
X3 moves to X1

Note:
Start with 2 players in X2 line

Key Points : | | | |