Goalie Drills



Rebound Control

Line-up three players as shown

(1) takes a low shot (2) and (3) play the rebound

Goaltender should try to smother rebound or direct it to the corner.



Line –up three pucks and a shooter as shown. Shooter takes shot (1) then races to shots (2) & (3)

Goaltender needs to be ready for each shot.

3 Shot Drill #2

Line-up three skaters as shown

- (1) shoots to score
- (2) Cuts to the post for pass from (3)

Goaltender has to play both shots

Wrap Around

- (1) is behind the net with a puck
- (2) & (3) are out in front looking for a pass

Goaltender needs to work back and forth on the post and be ready for the shot.







